# **Community welfare club**

#### 1. GOAL

Community Welfare Club has been set up in the Department of History to uphold the Dignity of Women in Life. Being a social science department, it deals with the socio, economic, religious, political, women issues of a place. The foremost objective of this club to safeguard the self–esteem and rights of the women students empowering them to take part in all the activities of the college and outside the campus and thereby to feel that they no longer inferior to men.

The members of this club are History Department students and hailing from rural villages in and around Mayiladuthurai. The members are doing part time job and attending classes like Tailoring, computer classes, TNPSE group exams coaching classes after college hours. The basic aim this Community Club is Right to life with Dignity.

The activities of Community Welfare Club mainly related to women subjects. Such as,

- a. Women Empowerment through Education.
- b. Organizing health Awareness Programme
- c. Solving women related issues & complains.
- d. Improving interpersonal skills.
- e. Creating awareness against Harassment.
- f. Conducting women's Day programme.

By doing these activities, our club members gained more knowledge of societal issues and it creates awareness on different women issues. Students are the pillars of the Nation. The club activities develop service mentality and they feel more responsible and dedicative towards the welfare of the nation. Further, they themselves feel confident and empowered.

## 2. THE CONTEXT

Community Welfare Club focusing mainly on the women subjects. The institution located in rural area and most of our members student's parents are daily wages. The club listed its activities in the goal. The first and fore-most issue is the knowledge of their signature. Our students concentrating and imparting this aspect in nearby houses. So that it is very easy for them without disturbing their working hours.

Regarding the health related awareness is very big challenge. Most of the women parents are daily wagers; they always neglect their health problems and forced to work for wages to run family. Intake food is very poor both in quality and quantity wise. Nutricious food they can't offered much. The health related issues are the major challenges of our club. Our students are well trained about the subject and they carry their knowledge to their parents orally. Weekend activities one of faculty members visit nearby village and had a talk about health related issues. Health Awareness meeting is periodically conducted by the club by inviting Doctors to villages. (clubed with NSS Special camp).

Another big issue is the women harassment. Being rural college, women harassment is more in number. They are illiterate and they don't know their rights which Government is offered. It's a big task to talk about the women's right in the village. Most of the cases are related to dowry issues. The social setup is totally different and the family issues related to women harassment is more complicated and it is very difficult to discuss the matter in public. So this is another challenging area of our club.

The members of our club also suffer to deal with the lack of health related issues and the family issues in the nearby villages. It needs more time, money, regular but continuous periodic visits. Inviting experts to deliver lecture, discuss the women related issues also a big problem. College time, staff work load and the students part time earning and classes are some of the constraints to implement the activities.

#### 3. PRACTICE

The following are the plan of action of our Community Welfare Club

- 1. Conducting community Welfare Club plan to conduct literacy program in rural areas near by our college.
- 2. The club member visiting rural areas and giving training to adult men and women to practice their signature both in English and Tamil.
- 3. The staff and club members taking government literacy programs to rural people and also conducting rally and oral talk.
- 4. To create to awareness to open Bank Account for all citizens.
- 5. The staff and club members visiting nearby rural villages by conducting rally's and canvas to educate illiterate parents to send their children to elementary schools compulsory and avoid dropouts.
  - The second major issue is the health related issue, in the rural areas our club members concentrating much one this issue. The following are plan of action:
- 6. In rural areas near by our college are mostly illiterate. They neglect their timely nutritious food and avoid health problems due to family situations. Most of the illiterates getting medicine from the medical shop without consulting the proper doctor's. They are not aware of the dosage, expiry dates, improper medicine which create complication taking in to account for this situation our club member's organizing health awareness programme and government documentary film to remove their ignorance. Through our college N.S.S volunteers and social organization regular medical camps are conducted the rural village.

- 7. Our club members and staff members canvas the government health insurance policy and its benefits.
- 8. To avoid viral fever, chickencunnia and malaria fever the rural people are educated to keep their drainage clean and try.
- 9. To educate the village people to wash their hands before taking food and after toilet. And also they are compelled to wash their hands each and every time before touch their food.
- 10. Our community club member's insisting each and every family members and public to avoid plat form food and keep the food always well covered and insisted to drink only stored and covered water.
  - The third major issue is the women related issues on dowry and sexual harassment. The following activities are plan to conduct
- 11. Our community club members and staff members taking government policies programmes on women's related issues to the rural people.
- 12. Conducting rally and canvassing dowry issues and insisting several councilling centers to give remedy for family misunderstandings.
- 13. Legal aid is available for poor and needy people, government and social organizations are offering free legal services. This information is being carried out to the rural people.
- 14. Our club members insisting young girls and boys about good and bad touch.
- 15. The staff members of community welfare club insisting parents to safe-guard their daughters to avoid sexual harassment.
- 16. In case of any sexual harassment happened in their area the victim has to be punished by giving police complaints.
- 17. These are all the practice our community welfare club plan to implement.

### Constrains:

The community welfare club students members timing, money, documentary film, inviting doctor's are the constrains.

#### 4. EVIDENCE OF SUCCESS

In the last year 2013-2014. We have conducted eye camp veterinary camp, dental camp blood sugar identifying camp. We invited gynecologist Dr. Thangam to deliver a speech in "Women Health, Hygiene and Sanitation.

The local village people benefited by the health campus conducted along with social organization.

The student members feel confident and canvas hygienic point to the villages. The village people gained knowledge cleared the doubts.

Regarding the women related harassment and dowry issues our staff members talked with the needies. Further they have given advice about the legal points, legal aid, domestic violence act etc.

Social affected women are feeling mentally imbalanced and feel in secure our staff members giving councilling to improve their self confident level and provide job oppournities. The local self well group also coordinates with the affected people.

At present most of the village girls are travelling by bus or bicycle from remote village to college on their way due to age factor they may fall in love or eve-teasing by others. To the advancement of information technology. Some times their eve-teasing may resulted to acid throw, sexual harassment and suicide. Keeping in view of this women related issue our community welfare club conducting rally, documentary film and counseling through experts to remove all social evils.